



# Northfield Elementary School Breakfast

## October 2021



Menus are subject to change

### Meals Are Free To All Students

Monday

Tuesday

Wednesday

Thursday

Friday

Please advise us if special meal accommodations are required for allergens or other special dietary needs.



1 Egg & Cheese Biscuit Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

Adult Breakfast \$2.75  
 Adult Lunch \$4.50  
 Milk \$0.60

Please Click Links Below for Nutrition Information on Daily Options:  
 Fresh, Dried, or Canned Fruit,  
 Skim White Milk, 1% White Milk, &  
 Fat Free Chocolate Milk Offered With All Meals.

Milk Condiments

Fresh, Dried Or Canned Fruit

Pay for meals on-line. Click on Link Below:



Click Image Below for employment opportunities



4 ✓ French Toast Sticks Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

5 Sausage, Egg & Cheese English Muffin Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

6 ✓ Delicious Fruit Filled Muffin w/String Cheese Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

7 Ham & Cheese Bagel Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

8 Egg & Cheese Biscuit Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

11 No School

12 Sausage, Egg & Cheese English Muffin Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

13 ✓ Delicious Fruit Filled Muffin w/String Cheese Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

14 Ham & Cheese Bagel Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

15 No School

18 ✓ French Toast Sticks Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

19 Sausage, Egg & Cheese English Muffin Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

20 ✓ Delicious Fruit Filled Muffin w/String Cheese Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

21 Ham & Cheese Bagel Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

22 Egg & Cheese Biscuit Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

25 ✓ French Toast Sticks Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

26 Sausage, Egg & Cheese English Muffin Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

27 ✓ Delicious Fruit Filled Muffin w/String Cheese Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

28 Ham & Cheese Bagel Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

29 Egg & Cheese Biscuit Or  
 ✓WG Asst. Cereal  
 Graham Crackers  
 Assorted Fresh, Dried or Canned Fruit  
 Milk Variety

This institution is an equal opportunity provider.



# Northfield Elementary School Lunch October 2021



## Meals Are Free To All Students

Menus are subject to change

Monday

Tuesday

Wednesday

Thursday

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National School Lunch Week  
October 11-15, 2021



1 **Layered Chicken Bowl**  
✓Homemade Dinner Roll  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

4 ✓ **French Toast Sticks**  
**Real Maple Syrup**  
Scrambled Eggs  
✓Sweet & White Homefries  
✓Fresh Green Pepper Strips  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety  
**Meatless Monday**

5 **Tater Tot Nachos**  
✓Garden Salsa  
Steamed Corn  
✓Rice Pilaf  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

6 **Cheese Pizza**  
**Pepperoni Pizza**  
**Veggie Pizza**  
✓Seasoned Green Beans  
✓Fresh Celery Sticks  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety



7 **Chicken Patty Sandwich**  
✓Hand Cut French Fries  
Maple Baked Beans  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

8 **Spaghetti w/Meat Sauce (Ground Beef)**  
✓Seasoned Corn  
✓Kale Chips  
✓Garlic Breadstick  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety



11 **No School**

12 **Taco Bar w/ The Works**  
✓Garden Salsa  
✓Seasoned Black Beans  
✓Rice Pilaf  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

National School Lunch Week

13 **Cheesy Breadsticks**  
✓Marinara Dipping Sauce  
✓Fresh Celery Sticks  
Chicken Noodle Soup  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

National School Lunch Week

14 **Dress Your Own Burger on a Bun**  
Roasted Sweet Potato Wedges  
✓Kale Apple Salad  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

National School Lunch Week

15 **No School**

18 ✓ **Cheesy Goulash**  
✓Kale Chips  
✓Steamed Corn  
✓Garlic Breadstick  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

Meatless Monday

19 **Street Tacos (Corn Tortilla, Ground Beef, Salsa, Sour Cream)**  
✓Garden Salsa  
✓Seasoned Black Beans  
✓Rice Pilaf  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

20 **Cheese Pizza**  
**Pepperoni Pizza**  
**Veggie Pizza**  
Caesar Salad  
Fresh Cucumber Sticks  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

21 **Oven Baked Chicken Nuggets**  
Roasted Sweet Potato Wedges  
Maple Baked Beans  
✓Homemade Dinner Roll  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

22 **Hot Turkey Sandwich**  
✓Chef's Mashed Potato  
✓Steamed Green Peas  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

25 ✓ **Buttermilk Pancakes**  
**Real Maple Syrup**  
Scrambled Eggs  
✓Sweet & White Homefries  
✓Fresh Green Pepper Strips  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety  
**Meatless Monday**

26 **Beef Nachos**  
✓Garden Salsa  
✓Mexicali Corn  
✓Rice Pilaf  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

27 **Cheese Pizza**  
**Pepperoni Pizza**  
**Veggie Pizza**  
Fresh Broccoli Salad  
Braised Kale & Beans  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

Taste Test Event  
HOM-Kale

28 **Chicken Alfredo**  
✓Steamed Broccoli  
✓Caesar Salad  
✓Garlic Breadstick  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

29 **Thai Noodle Salad w/Chicken**  
✓Steamed Broccoli  
✓Homemade Zucchini Bread Square  
Assorted Fresh, Dried or Canned Fruit  
Milk Variety

Please Click Links Below for Nutrition Information on Daily Options:

Assorted Deli Sandwichs, Nacho Fun Meal, Fruit & Yogurt Parfait w/Granola

Fresh Fruit & Veggie Bar

Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

[Deli Options K-8](#)

[Grab & Go Nachos](#)

[Fruit & Yogurt Parfait w/Granola](#)

[Fresh, Dried Or Canned Fruit](#)

[Condiments](#) [Milk](#)

Pay for meals on-line.  
Click Image Below



Harvest of the Month:  
Kale



Click on the image above for more info on the Harvest of the Month!



=Harvest of the Month Veggie Served

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