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*Committed to cultivating within all our students the knowledge, skills, and character essential to becoming purposeful, productive and engaged members of their world.*

March 5, 2020

Dear CVSU Families,

As we conclude our first week back from February break, we want to update you on the COVID-19 virus (coronavirus) that has been covered extensively in the media. CVSU is working with the Vermont Department of Health and the Agency of Education to be prepared in the event there is a case reported in our region. As of today, March 5th, there have been no human cases confirmed in Vermont. However, we want to do our part to prevent the transmission of COVID-19 and respond effectively. The health and safety of students and staff members is our top priority.

### **Prevention Measures**

Together, we can help to slow the spread of COVID-19 and other respiratory infections (including flu and pertussis). Many of the precautions that help prevent other respiratory diseases, like colds and the flu, can also help keep an illness like COVID-19 from spreading. The following are recommendations from the Center for Disease, Control and Prevention:

- Frequent handwashing with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick. **Students with fevers should stay at home until they have been fever free for 24 hours without the help of medication.**
- Cover your cough or sneeze with your sleeve or a tissue. Throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

The following links also provide helpful information and resources regarding COVID-19:

### **Vermont Department of Health Resources**

<https://www.healthvermont.gov/response/infectious-disease/2019-novel-coronavirus>

### **What You Need to Know COVID- 19**

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

### **COVID-19 Travel Resource**

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

If you have questions, please contact your building principal or school nurse. The Department of Health is in close contact with the Agency of Education, School Nurses, and Superintendents. We will modify our plans as needed going forward and share information with families as soon as we have additional information and/or recommendations.

Sincerely,

Susette L. Bollard, Superintendent of Schools