



An Addendum to the NES Family Handbook

Basic Tenets of the NES CARES Continuous Learning Guide

As we navigate the remainder of the 2019-20 school year in our homes, we at NES will:

1. Provide support to ensure that all NES families and staff are safe and healthy
2. Emphasize community, relationships, and a sense of belonging among all members of the NES community through Morning Meetings, web site, Facebook pages, weekly Principal's Chats
3. Focus on essential learning for students and prevent regression (not losing skills) by providing video instruction, hosting Hangouts, offering students feedback on the learning process and work completed using Google Classroom, email, phone calls, and/or Hangouts.
4. Engage, inspire and empower students to continue learning by encouraging Passion Projects.
5. Provide guidance to families who seek to establish consistency, creativity and balance to their school at home experience.
6. Remain flexible and ready to adapt when needs arise
7. Extend grace to all in these unique and trying times

I. Morning Meeting and Weekly Announcements

Part 1

Morning Meetings - LIVE Hangout, 20 minutes each morning at a set time. Focus on community and maintaining relationships.

Note: 1. Morning Meeting is optional for students to attend.
2. In the state of Vermont the *Agency of Education* requires that schools take attendance. Morning Meeting is one online venue where a student's presence can be accounted for.

Guidance for attending Google Hangouts:

1. Get dressed. Students of all ages should not attend live meetings in PJs, without shirts or pants.
2. Set up the chrome book, ipad or other device in a stationary position, preferably in a place that minimizes distractions, such as busy family members, from view.
3. Students should not be using the chat feature during Google Hangout Meetings unless they are requested to do so by the instructor.
4. Students are not allowed to re-enter a Google Hangout after the teacher has left the meeting or before the instructor has arrived .

Part 2

Weekly Announcements recorded in advance and shared to the Google Classroom or Site by Monday Morning. Outline a schedule for the week to include:

- Share the learning and assignments to include Learning Targets: Focus on building skills or reviewing key content, not on introducing new learning.
- Highlight and reflecting on a Habit of Success (HOS) to focus on for the week
- Offer suggestions for Brain Breaks and/or Social Emotional Learning
- Include Allied Arts and STEAM - one per day, PE 2X per week. See the Allied Arts Choice Grid available on all NES Google Classrooms.

Resource: [wideopenschools](https://www.wideopenschools.com/).

II. Daily Learning Schedule Guidelines

[NES Staff Office Hours](#) - call teachers as needed

ELA and Math: Access academic Google Classroom or Classroom Dojo for daily/weekly assignments.

Allied Arts: Access individual Google Classrooms for Allied Arts subjects daily/weekly OR utilize Choice Board for options. Submit Allied Arts work to individual Allied Arts teachers, either through Google Classroom or email.

Grade Level	Total Number of Minutes	Total Number of Minutes Per Subject	Recommended Number of Minutes Reading Per Day
PK	Approx. 80 min	Morning meeting offered daily for 20-30 minutes <u>Literacy</u> - 20 minutes <u>Math</u> - 20 minutes <u>Allied Arts Activities</u> Library 10min 1X per week Art 15min 1X per week Music 15min 1X per week PE 15min 2X per week Wellness 1x per week	Read to your child unlimited
K	Approx. 125 min	Morning meeting offered daily for 20-30 minutes <u>Literacy</u> - 30 minutes <u>Math</u> - 30 minutes <u>Allied Arts Activities</u> Library 10min 1X per week Art 30min 1X per week Music 30min 1X per week STEAM 30min 1X per week PE 30min 2X per week Wellness 1x per week	Independent or reading with another -15 minutes Read to your child - unlimited
American Eagles (grades 1&2)	Approx. 160 min	Morning meeting offered daily for 20-30 minutes <u>Literacy</u> - 15 minutes OG, 15 minutes writing <u>Math</u> - 30 minutes <u>Allied Arts Activities</u> Library 20min 1X per week Art 30min 1X per week Music 30min 1X per week STEAM 30min 1X per week PE 30min 2X per week Wellness 1x per week	Independent or reading with another - 30 minutes Read to your child - unlimited

<p>Dragon Thunder (grades 3&4)</p>	<p>Approx. 200 min</p>	<p>Morning meeting offered daily for 20-30 minutes</p> <p><u>Literacy (reading and writing)</u> - 60 minutes daily <u>Math</u> - 40 minutes daily</p> <p>Library 30min 1X per week Art 40min 1X per week Music 40min 1X per week STEAM 40min 1X per week PE 40min 2X per week Wellness 1x per week</p>	<p>Independent read 30 minutes</p> <p>Read to your child - unlimited</p> <p>Check Google Classrooms daily!</p>
<p>5th grade</p>	<p>Approx. 200 min</p>	<p>Morning meeting offered daily for 20-30 minutes</p> <p><u>Literacy</u> - Reading: 30 minutes Writing: 20 minutes</p> <p><u>Math</u>- 50 minutes</p> <p>Library 30min 1X per week Art 40min 1X per week Music 40min 1X per week STEAM 40min 1X per week PE 40min 2X per week Wellness 1x per week</p>	<p>Independent reading 30 minutes</p> <p>Writing activities (response to literature/narrative) 20 minutes</p> <p>Read to your child - unlimited</p>

III. Additional Schedule Suggestions for Students		
Passion Project	Consider taking time each day to allow your child to develop a passion. Document and share progress with your child's teacher(s).	Read XX minutes (meet your daily reading expectation), research, talk to an expert about your passion, create a visual display to show your learning and share with others - video, poster, slide show, craft, etc.
Creative Time	legos, play music, drawing, crafts, cooking, baking, home projects	30 minutes
Chores	wipe door knobs and light switches,	30 minutes
Quiet Time	reading, puzzles, nap	30 minutes
Physical Activities	dog walking, family walk, bike riding, yard work, yoga	30 minutes
Game Time	Board games, card games	40 minutes
Video Gaming/TV	Please avoid violence and movies with adult content	Less than 2 hours total
Celebrations	Recognize the efforts being made and celebrate students to encourage them!	
Bedtime	Please continue to stick to established bedtimes for your children in accordance with the following guidelines:	

Age	Recommended Sleep Hours per 24 Hour Period
Infants: 4 to 12 months	12 to 16 hours (including naps)
Toddlers: 1 to 2 years	11 to 14 hours (including naps)
Preschoolers: 3 to 5 years	10 to 13 hours (including naps)
Gradeschoolers: 6 to 12 years	9 to 12 hours
Teens: 13 to 18 years	8 to 10 hours

IV. Collecting Student Work and Providing Feedback
<ul style="list-style-type: none"> • Google Classroom is the recommended platform for collecting student work and providing ongoing feedback for students. Parents and students are also welcome to send videos/photos via email. • It is not recommended that students return hard copies of complete work to teachers but is acceptable.

V. Student Access and Choice

- Cross curricula work benefits students and staff as well as parents by streamlining continuous learning.
- Create projects/choice boards that give students and families flexibility to complete the work and tap interest/motivation.
- Book Study
- Journaling
- Create non-digital projects
- Address various learning styles (movement, art, music)

Note: Although it is not recommended, families have the option to request non-technology based options to online instruction, therefore; all content area instruction, including Allied arts and STEAM, are required to offer non-technology based options. Grab and Go alternatives to technology: Packets: print materials, games, school supplies, books, manipulatives. Packets can be picked up from 11:30 - 12:30 MWF or delivered with meals MWF.

VI. Supporting Families

Please respond to the survey Please click [HERE](#) (*link*) so we can better understand how online learning is going for you and your child(ren)

- Provide families with resources they need to meet basic needs so that they can support their student(s).
 - Student meal delivery (sign up required) and “grab and go” at the NES Lobby (no sign up required) MWF 11:30 - 12:30
- Provide families with the resources they need to meet their students’ academic needs so that they can support their student(s).
 - Ongoing tech support through CVSU
 - Materials and technology exchange out of the school lobby MWF 11:30 - 12:30
- Provide options and variety so that families can participate to the level they are capable.
- A team of educators meets 3X per week to evaluate and respond to student/family needs..
- Need help navigating Google Classroom? Click [here](#) (*link*) for a tutorial.
- Meal Delivery Information [Learn More](#) (*link*)
- PK Registration Information for 2020/2021 [Learn More](#) (*link*)
- How to Turn Off Google Classroom Notifications [Learn More](#) (*link*)
- NES Teaching Staff Office Hours and Contact Info [Learn More](#) (*link*)
- NES Social Emotional Support Guide for Families 4.2020 [Learn More](#) (*link*)