



The Abbey Group

# Williamstown Elementary School Lunch

## October 2021



Menus are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Please advise us if special meal accommodations are required for allergens or other special dietary needs.



National School Lunch Week  
October 11-15, 2021



- 4 ✓ French Toast Sticks
- Real Maple Syrup
- Scrambled Eggs
- ✓ Sweet & White Homefries
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety
- Meatless Monday

- 5 Tater Tot Nachos
- ✓ Garden Salsa
- ✓ Rice Pilaf
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 6 Cheese Pizza
- Pepperoni Pizza
- Veggie Pizza
- ✓ Kale Chips
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 7 Spaghetti w/Meat Sauce (Ground Beef)
- ✓ Garlic Breadstick
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 1 Layered Chicken Bowl
- ✓ Homemade Dinner Roll
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 8 Chicken Patty Sandwich
- ✓ Hand Cut French Fries
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

11  
**No School**

- 12 Taco Bar w/ The Works
- ✓ Garden Salsa
- ✓ Rice Pilaf
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 13 Cheesy Breadsticks
- ✓ Marinara Dipping Sauce
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 14 Dress Your Own Burger on a Bun
- Roasted Sweet Potato Wedges
- ✓ Kale Apple Salad
- Milk Variety

15  
**No School**

National School Lunch Week

- 19 Street Tacos (Corn Tortilla, Ground Beef, Salsa, Sour Cream)
- ✓ Garden Salsa
- ✓ Rice Pilaf
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

National School Lunch Week

- 20 Cheese Pizza
- Pepperoni Pizza
- Veggie Pizza
- Caesar Salad
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

National School Lunch Week

- 21 Oven Baked Chicken Nuggets
- Roasted Sweet Potato Wedges
- ✓ Homemade Dinner Roll
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 18 ✓ Cheesy Goulash
- ✓ Kale Chips
- ✓ Garlic Breadstick
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety
- Meatless Monday

- 22 Hot Turkey Sandwich
- ✓ Chef's Mashed Potato
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 25 ✓ Buttermilk Pancakes
- Real Maple Syrup
- Scrambled Eggs
- ✓ Sweet & White Homefries
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety
- Meatless Monday

- 26 Beef Nachos
- ✓ Garden Salsa
- ✓ Rice Pilaf
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 27 Cheese Pizza
- Pepperoni Pizza
- Veggie Pizza
- Braised Kale & Beans
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 28 Chicken Alfredo
- ✓ Steamed Broccoli
- ✓ Garlic Breadstick
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

- 29 Thai Noodle Salad w/Chicken
- ✓ Homemade Zucchini Bread Square
- ✓ Fresh Fruit & Veggie Bar
- Milk Variety

Taste Test Event  
HOM-Kale

## Meals Are Free To All Students

Adult Breakfast \$2.75  
Adult Lunch \$4.50  
Milk \$0.60

Please Click Links Below for Nutrition Information on Daily Options:

Assorted Deli Sandwichs, Asst. Homemade Pizza, Nacho Fun Meal, Fruit & Yogurt Parfait w/Granola  
Fresh Fruit & Veggie Bar  
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

Daily Pizza Options K-8

Deli Options K-8

Grab & Go Nachos

Fruit & Yogurt Parfait w/Granola

Fresh, Dried Or Canned Fruit

Condiments

Milk

Pay for meals on-line.  
Click Image Below



Harvest of the Month:  
Kale



Click on the image above for more info on the Harvest of the Month!



=Harvest of the Month Veggie Served

This institution is an equal opportunity provider.